



## Wellness Program History

- OnCourse Wellness Program introduced in 1994
- Objectives:
  - Identify Health Problems Early
  - Part of Safety Process: people who are focused on Wellness tend to be more safe
  - To design and implement Wellness programs which promote each individual's responsibility to establish health practices which enhance employee productivity and lower healthcare costs

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Wellness For Life  
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The slide has a light blue background with a white wavy banner at the bottom. The title 'Wellness Program History' is centered in blue. Below it is a bulleted list of objectives. The Acushnet HealthWise logo is in the bottom right corner.

## Creating a Culture of Health

### Cultural Shift

- Leadership
- Vision
- Rewards
- Partnerships (Services)
- Education



## Outcomes

### Documented & Measurable

- Associates
  - Individual
  - Departments
  - World Wide Facilities
- Providers
  - Medical Partners
  - Insurance
- Coaches
- Acushnet Company



# Thank you

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