2014 Annual Conference
The Massachusetts Association of Occupational Health Nurses
The New England College of Occupational and Environmental Medicine

Innovations and Challenges in Occupational and Environmental Medicine

Conference Moderators:
Matthew Lundquist, MD, MPH, Conference Chair: Middlesex Hospital Occupational Medicine
John Burress, MD, MPH, FACOEM, Boston Medical Center, Occupational Medicine
Glenn Pransky, MD, MoccH, FACOEM, Liberty Mutual Center for Disability Research
Philip Parks, MD, MPH, FACOEM, Quadrant Health Strategies and Harvard Medical School
Tom Luna, MD, MPH, FACOEM, FASMA, Maine General Workplace Health
Lisa Foster, MS, ANP, Beth Israel Deaconness Hospital, Occupational Medicine
Carin Bennett-Rizzo, MS, ANP-BC,COHN-S, Brigham and Women’s Hospital Occupational Medicine
Albert Rielly, MD, Cambridge Alliance

Conference Faculty

Robert J. Banco, MD
The Boston Spine Group
299 Washington St.
Newton, MA 02458

Robert J. Banco, M.D. is currently an associate clinical professor in the orthopaedic surgery department at Tufts University School of Medicine and a member of The Boston Spine Group.

Dr. Banco completed his surgical internship, bone biology and metabolism fellowship, and his orthopaedic residency at the University of Massachusetts Medical Center. A spine fellowship was completed at the New England Baptist Hospital. Dr. Banco was spine section chief of the Department of Orthopaedic Surgery for New England Baptist Hospital from 1997-2007.

Dr. Banco keeps current on medical knowledge by instructing various courses locally and nationally. His research interests include the outcome of lumbar fusions, cervical and lumbar interbody fusion devices, bone graft substitutes, prosthetic disc replacement devices, and image guided surgery. He has received over $1 million in grants for his medical research. In 2013, The Becker’s Spine Review listed Dr. Banco as one of the top 102 spine surgeons who have made significant contributions to the field of spine surgery through research, innovation or leadership positions.

Laurent Benedetti, MD
Resident, Harvard School of Public Health
665 Huntington Ave, Boston, MA 02115

Laurent is currently a resident at the Harvard School of Public Health Occupational and Environmental Medicine Program. Before attending medical school at the University of Massachusetts in Worcester, he volunteered in rural health clinics in Nepal, and worked for the National Health Service in England as well as for the Ministry of Agriculture in France. He completed his residency at the University of Massachusetts Medical Center in General Preventive Medicine and obtained his Masters in Public Health from the University of Massachusetts, Amherst. Laurent is Board Certified in General Preventive Medicine. During his preventive medicine training, Laurent worked with clinic and hospital task forces in Worcester and Boston to develop innovative ambulatory and inpatient
practice models that improve patient care delivery. His interest in international health and policy prompted his work and travel with the World Health Organization in Geneva, Switzerland, during which time he was part of the WHO team that published the QualityRights Tool Kit, a practical methodology for countries to assess and improve the quality and human rights standards of their mental health and social care facilities.

John Burress, MD, MPH, FACOEM
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Doctor Burress received BS and MD degrees from the University of Kentucky. After Family Medicine residency in Greenville, SC, Dr. Burress then obtained a MPH from the Harvard School of Public Health and subsequently completed his residency in Occupational and Environmental Medicine at Harvard in 1994. Dr. Burress’s current clinical venue is that of Medical Director of the Boston Medical Center Department of Occupational and Environmental Medicine. Over the past 8 years, Dr. Burress has assisted with updating employee health while steadily growing external client business. His strong clinical skill set allows him to enjoy personally providing cutting edge primary occupational medicine in a setting with a Level I Trauma Center, excellent real-time radiology support, and full subspecialty back-up. Thus, Dr. Burress comfortably cares for a higher level of acuity and addresses soft tissue injuries (including multi-layer laceration closures) providing an excellent match for the construction trades, fish processing, transportation, hospitality, and utility industries. This solid treating role provides grounding for his significant disability management consultative experience. For the past 16 years, he has served as the Medical Director for the Commonwealth of Massachusetts, Workers’ Compensation Unit providing physician level utilization review and guideline development. For the past 11 years, Dr. Burress has served as the onsite medical consultant for the Public Employee Retirement Administration Commission. Over the past year, Dr. Burress has been a Medical Director for BDOHI assisting with review of long-term opioids cases along with helping to address a broad scope of claims from Mass and NH. Dr. Burress is an active participant in his field on a state, regional, and national level. Dr. Burress was recently appointed Vice Chair of the Massachusetts Medical Society Committee on Public Health by the President of that organization; he was already serving as Chair of the MMS Committee on Environmental and Occupational Health. Dr. Burress is serving a second two year term as member of the DIA’s Health Care Services Board and actively contributes to guideline revision. Dr. Burress was invited back to the Annual Conference Advisory Committee for New England College of OEM. For his national professional organization, Dr. Burress serves on the Council of Academic Affairs which designated him Co-Director of their Foundations course with the charge of evolving the course to broaden US and international audience to include a component of distance based learning. Dr. Burress holds the academic title of Assistant Professor of Family Medicine at the Boston University School of Medicine. Dr. Burress is a published author and enjoys teaching medical students and residents; he serves on the Residency Advisory Committee for the Preventative Medicine Residency Program at BU. His research and professional interests include care delivery systems for primary occupational medicine. Dr. Burress loves all things outdoors; he keeps chickens and raises a specific breed of goat for the educational programs of community farms in his area.

Jennifer Y. Chen, MD
Massachusetts General Hospital
GI Unit
55 Fruit St.
Boston, MA 02114

Jennifer Y. Chen is a gastroenterology and hepatology fellow at Massachusetts General Hospital. She received her medical degree from Harvard Medical School, and trained in internal medicine at the Brigham and Women’s Hospital. Her research interests are in viral hepatitis and hepatic fibrosis, and with Dr. Raymond Chung, she is investigating the use of direct-acting antiviral agents for post-exposure prophylaxis of hepatitis C infection.
David C. Christiani, MD, MS, MPH
Elkan Blout Professor of Environmental Genetics
Department of Environmental Health
Department of Epidemiology
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- Professor of Medicine, HMS
- Director, Harvard Education and Research Center for Occupational Safety and Health
- Physician, Massachusetts General Hospital

My major research interests are occupational, environmental and molecular epidemiology. I have been interested in studying the impact of exposures to various pollutants on health and the interactions between host factors (genetic and acquired susceptibility), and environmental exposures in producing acute and chronic diseases. This research is part of an emerging field known as molecular epidemiology. I have been active in developing new methods for assessing health effects after exposure to pollutants and have a very active interest in international occupational and environmental health studies. In collaboration with other investigators in our school, I have developed new biologic markers used in examination of pollutant-induced diseases such as lung cancer, bladder cancer, skin cancer and upper respiratory-tract inflammation. For example, I have led a large multidisciplinary study of the molecular and genetic analysis of lung cancer with specific attention towards genetic susceptibility to lung cancer and genetic-environmental interactions, using PCR-based methods to determine genetic traits and mutations, as well as molecular methods to detect DNA adducts. This work has been a model for examining gene-environmental interactions for cancer development. I have also led a project that examines respiratory effects of exposure to respiratory irritants contained in soot from fossil-fuel boilers. The study involves an epidemiologic evaluation of the acute respiratory effects of exposure as well as a detailed investigation including examination of molecular markers in nasal fluid and bronchoalveolar lavage fluid in exposed workers and controls. In February, 2000 I received an award from NIH to study the molecular epidemiology of acute lung injury and Acute Respiratory Distress Syndrome (ARDS), a disorder that occurs after a toxic insult to the lung (e.g., sepsis, smoke inhalation). The syndrome has a high associated mortality, and little is known to prevent development. In this project I am in collaboration with MGH collaborators. We will examine the role of genetic susceptibility in the development of ARDS after a toxic exposure. I have led a 20-year longitudinal study of respiratory disease in cotton-textile workers in Shanghai, China. The objectives of the study include determining the rate of loss in lung function among cotton dust-exposed workers at various levels of dust exposure and evaluating the relationship of exposure to gram-negative bacterial endotoxin and acute and chronic lung disease. We have expanded this study to include an assessment of relevant genetic factors, and an examination of reproductive effects of shift work and ergonomic factors at work as well as the exposures noted above. I have enjoyed conducting occupational-health research on three continents: Asia, Africa, and North America. I have developed a wide network of collaboratives and contacts as we undertake new studies of the reproductive effects of exposure to chemicals (China), arsenic exposure and bladder and skin cancer (Taiwan and Bangladesh), exposure to indoor combustion products in respiratory disease (Central America), petrochemical exposures, brain neoplasms and leukemia in Asia (Taiwan), and respiratory effects of paraquat exposure (Africa). An exciting aspect of the international work is in methodological work, specifically, the development and adaptation of epidemiologic and laboratory techniques to the conditions of the industrializing world. The potential for effective interventions for disease prevention make this work particularly rewarding.

Mark Alden Crislip, MD
Good Samaritan Hospital
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Dr. Crislip is a board certified ID doctor in Portland, Oregon since 1990 and Chief of Infectious Disease for Legacy Health. He is the Infectious Disease Medscape blogger, an Editor and
contributor to Science-Based Medicine, President of the Society for Science-Based Medicine and producer of multiple podcasts including Puscast, Gobbet o’Pus and the award winning Quackcast. He is the author of the IPhone and Android ID app, the Infectious Disease Compendium. Links to these and other aspects of his growing multi-media empire can be found at www.edgydoc.com

Sam T Donta MD
Donta Infectious Diseases
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Dr Donta grew up in Western Pennsylvania, received his BS from Allegheny College, his MD from Albert Einstein College of Medicine, did an internship/residency in Internal Medicine at U. of Pittsburgh Hospitals, served in Air Force at Otis AFB, MA, did post-doctoral training in Biochemistry at Brandeis, and Fellowship in Infectious Diseases at Boston Univ. He went to U. of Iowa where he became Professor of Medicine and Chief of Infectious Diseases, then was at U. of Connecticut for 11yrs as Chief of ID, Chief of Medicine at VA, then moved to Boston University/Boston VA for 10yrs before his retirement. His basic interests have been in microbial toxins, but he has also been involved in a number of clinical trials. For the last 25yrs, he has been interested in Lyme disease, and continues to have an active clinical practice in Falmouth, studying and treating patients with chronic Lyme disease and other multi-symptom disorders such as Chronic Fatigue Syndrome and Fibromyalgia. He is the author of 100+ publications on toxins, Lyme Disease, Gulf War Veterans’ Illnesses, and hopes to continue research in these areas.

Lawrence J. Epstein, MD
Program Director, Sleep Medicine Fellowship Program,
Brigham & Women’s Hospital
Instructor in Medicine, Harvard Medical School
Associate Physician, Division of Sleep and Circadian Disorders,
Departments of Medicine and Neurology, Brigham and Women's Hospital
Medical Director, National Sleep Services
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Lawrence Epstein, MD, is a sleep specialist with the Brigham and Women’s Hospital Sleep Disorders Service, a Sleep Medicine specialty group. Dr. Epstein is a graduate of the George Washington University School of Medicine and Health Sciences. He is board certified in Internal Medicine, Pulmonary Diseases, Critical Care Medicine and Sleep Medicine. In addition to clinical medicine, Dr. Epstein is involved in teaching other physicians and conducting clinical research through his academic affiliations. Dr. Epstein is an Instructor in Medicine at Harvard Medical School and the Program Director for the Sleep Medicine fellowship training program at Brigham and Women’s Hospital. Dr. Epstein has also been involved with health policy and public policy through his involvement with national sleep organizations and public education initiatives. He was the President of the American Academy of Sleep Medicine from 2005-6 and is the co-author of the Harvard Medical School Guide to a Good Night’s Sleep.

Rob Goldsmith, MD, MPH
Executive Director, Employee Health
Novartis Pharmaceutical Company
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Rob Goldsmith, MD is currently Executive Director for Employee Health for Novartis Pharmaceutical Company, where his responsibilities include oversight of occupational health, emergency medical services, acute care, and wellness programs. He is currently working on novel programs that expand employer-sponsored primary medical care. In addition he is currently the Chair of the American College of Occupational and Environmental Medicine’s (ACOEM) workgroup on Medical Marijuana Prior to his employment with Novartis, he served as Associate Global Medical Director for the General Electric Company and had been in private medical practice in his hometown of Stamford, Connecticut. Dr. Goldsmith received his medical degree from Albert Einstein College in New York, trained at Greenwich Hospital and the Yale-New Haven Medical Center and earned his Masters Degree in Public Health from the University of Connecticut. He is a clinical instructor in the Department of Medicine at Columbia University. In addition to his corporate career, Dr. Goldsmith is team physician for Stamford’s high school athletes and has published on innovations in primary prevention and exercise-induced asthma.

Debbie L. Harrison, Esquire
Senior Manager, Public Policy
National Business Group on HealthSM
20 F Street, NW · Suite 200 · Washington, DC

Debbie Harrison is the senior manager of Public Policy at the National Business Group on Health in Washington, DC. She is responsible for health and welfare benefits regulatory policy and advises large employers with respect to their health and welfare plans and related regulatory compliance, regulatory and legislative advocacy, and plan design issues. Before joining the Business Group, Debbie was an employee benefits attorney in private practice. She has extensive experience advising employers, plan administrators, and health industry entities on employee benefits and related tax matters and is an expert on PPACA, ERISA, HIPAA, COBRA, ADA, and other federal laws affecting employer-sponsored plans. She also has experience with employee benefits aspects of corporate mergers and acquisitions. She has a J.D. from Georgetown University Law Center, an M.A. in international policy from the University of Sydney, and a B.A. in English and American literature and language from Harvard College.

Stefanos N. Kales MD, MPH, FACP, FACOEM
Division Chief, Occupational & Environmental Medicine
Medical Director, Employee & Industrial Medicine, Cambridge Health Alliance
Associate Professor, Harvard Medical School & Harvard School of Public Health
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Dr. Kales is an Associate Professor of Medicine at Harvard Medical School, and Associate Professor & Director of the Occupational Medicine Residency at the Harvard School of Public Health (HSPH). Dr. Kales is also the Chief of Occupational & Environmental Medicine and Medical Director for Employee Health & Industrial Medicine at the Cambridge Health Alliance, a Harvard-affiliated hospital system. He has participated in a wide range of research, advisory and teaching activities on five continents resulting in over 110 publications and wide recognition nationally and internationally. He serves on the editorial boards of several biomedical journals and participates in Harvard’s Cardiovascular Epidemiology Program. His primary research involves firefighter and police health, and he is an international clinical authority regarding cardiovascular disease among public safety personnel. His research has received Massachusetts, Federal (NIOSH and FEMA R&D grants) and Canadian funding. Dr. Kales’ work has been most influential in determining the causal relationship of heart disease among firefighters to their job activities and other factors. His group has provided seminal contributions in the clinical epidemiology of cardiovascular events in firefighters; including the first definitive statistical association of strenuous job tasks and on-duty cardiovascular deaths, which was subsequently confirmed in a later New England Journal of Medicine publication. They are currently conducting parallel analyses of on-duty cardiovascular deaths and job stress in law enforcement. Dr. Kales has also influenced national thinking among occupational physicians regarding fitness for duty in public safety, the need for improved wellness programs, better control of risk factors, and whether firefighters/police can safely return to work in the presence of significant cardiovascular disease. He was a plenary speaker at the National Fallen
Firefighters’ Foundation 2011 summit, and the Keynote Speaker, for the 2013 Annual Meeting of the Japan Society for Occupational Health (JSOH). For his significant contributions to academic excellence, Dr. Kales was selected as the winner of the **Kehoe Award for Excellence in Education and Research in 2013 from the American College of Occupational & Environmental Medicine**, a lifetime achievement award.

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**John C. Keel, M.D.**  
125 Parker Hill Avenue  
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Website: DoctorKeel.com

Dr. Keel is an interventional spine physiatrist at New England Baptist Hospital in Boston. Dr. Keel attended Medical College of Georgia on scholarship, completed residency at Emory University, and then did fellowship at Massachusetts General Hospital. Dr. Keel is an award-winning teacher, Harvard faculty member, NIH-funded scientist, and president of the PM&R state society. He has authored numerous peer-reviewed publications and chapters. Dr. Keel is a quadruple-boarded specialist, advocating for conservative care of spine and musculoskeletal disorders. Dr. Keel is also a decorated military officer, serving in the Massachusetts Air National Guard as a Flight Surgeon.

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**Mirna Montano,**  
MassCOSH  
1532 Dorchester Ave, Boston, MA 02122

**Mirna Montano** has been at MassCOSH for over 5 years and first got involved with the organization as the office manager and hotline coordinator before ultimately becoming a worker center organizer. She previously worked helping immigrant communities and victims of slavery. She always had a passion for helping others, especially those who have been victims of an oppressive system. She also believes in helping working class families and has always expressed an interest in the labor movement. She joined the MassCOSH Worker Center team where she has helped immigrant workers with an array of problems they experience in the workplace and also plays a key role in creating leadership at the Worker Center. She believes that from the first moment a worker comes in we must not only help the worker in recovering wages or filing a workers comp case but also develop their ability to be leaders in the workplace and in their communities. Mirna has extensive background in media, specifically working with Latino TV media and radio outlets. She has a degree in communications and TV production from the New England Institute of Arts and is currently working towards a degree in Political Science and International Affairs at Northeastern University.

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**Kathryn Mueller, MD, MPH, FACOEM**  
Division of Workers’ Compensation  
Medical Policy Unit  
633 17th Street, Suite 400, Denver  CO  80202

Kathryn Mueller has served as the Medical Director for the Colorado Division of Workers’ Compensation since the inception of this position in 1991. Dr. Mueller is board certified in Occupational Medicine and is a Professor in the Department Physiatry and Rehabilitation Medicine and the School of Public Health at the University of Colorado at Denver. In her position with Colorado Workers’ Compensation she edited and assisted in the development of ten medical treatment guidelines which are evidence based, to the extent possible and include in depth recommendations for opioid use in chronic non-cancer pain. Her activities with ACOEM are numerous including serving as
Secretary/Treasurer, two terms on the Board of Directors and currently as President. She contributed significantly to the ACOEM Occupational Practice Guidelines as Co Chair of the chronic pain guidelines and has a member of the opioid guideline committee. She was an author for the Workers Compensation Research Institute’s publication “Interstate Variations in Use of Narcotics. Dr. Mueller also served as a Section Editor for the 6th edition of the AMA Guides to the Evaluation of Permanent Impairment.

Donald R. Murphy, DC, DACAN
Rhode Island Spine Center
Department of Family Medicine
Alpert Medical School of Brown University School
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Dr. Murphy is the Clinical Director of the Rhode Island Spine Center as well as Clinical Assistant Professor, Department of Family Medicine at the Warren Alpert Medical School of Brown University. He is also Adjunct Associate Professor, Department of Research, New York Chiropractic College. He has 26 years’ experience in primary spine care. Dr. Murphy has been on the Expert Panel for several spine care guidelines, including those of the American College of Physicians and the American Pain Society. Dr. Murphy has nearly 100 publications in peer-reviewed scientific journals and book chapters. He is the lead instructor for the certificate course for Primary Spine Practitioners and his recent book, Clinical Reasoning in Spine Pain: Primary Management of Low Back Disorders Using the CRISP Protocols, serves as the required text for that course.

Suzanne Nobrega, MS
Project Director,
Center for Promotion of Health in the New England Workplace
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Suzanne Nobrega, MS, is a Project Director at the Center for the Promotion of Health in the New England Workplace (CPH-NEW) at the University of Massachusetts Lowell. In her role as Co-Principal Investigator of the Healthy and Safe@Work Project, she directs a translational research effort aimed at promoting the use of participatory methods for designing integrated workplace safety and health promotion interventions. She has direct experience as a site facilitator in field tests of the CPH-NEW Healthy Worksite Toolkit, assisting employer organizations with participatory design of integrated, “systems” level workplace health and safety interventions. From 2007 to 2011 she was the Co-Principal Investigator of the CPH-NEW Stress@Work outreach and dissemination project, providing training and written communications for health professionals on job stress interventions for cardiovascular disease prevention.

Glenn Pransky, MD, MoccH, FACOEM
Director, Center for Disability Research
Liberty Mutual Research Institute
Hopkinton, MA

Dr. Glenn Pransky is Director of the Center for Disability Research at the Liberty Mutual Research Institute in Hopkinton, MA. The Center is dedicated to scientific research on the return to work process. It includes over a dozen active studies, and has produced over 75 scientific publications in the past 8 years. Dr. Pransky is a co-investigator on several studies of outcomes in work-related injuries and illnesses in older workers, and directs other studies on disability prevention and rehabilitation effectiveness in work-related musculoskeletal disorders. He is the author of numerous scientific articles on disability, measures of work-related outcomes in occupational injuries and illnesses, treatment interventions, and screening for occupational disease. He
is board-certified in both occupational medicine and internal medicine, and holds faculty appointments as an Associate Professor in the Department of Family Medicine and Community Health at the University of Massachusetts Medical School, in Worcester, Mass, and at the Harvard School of Public Health in Boston. Dr. Pransky received his M.D. from the Tufts University School of Medicine, a master's degree in occupational health from the Harvard School of Public Health, and completed a research fellowship in health services research at the Agency for Health Care Policy and Research in Rockville, MD. He currently serves as the Secretary of the International Commission on Occupational Health’s Committee on Work Disability Prevention and Reintegration.

Laura Punnett, Sc.D.
Professor, Dept. of Work Environment, &
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Laura Punnett, Sc.D., is Professor of occupational epidemiology and ergonomics, Department of Work Environment, University of Massachusetts Lowell, and UML University Professor for 2013-16. Her primary research expertise is the effect of physical workload on musculoskeletal disorders; she has also studied the factors influencing the effectiveness of workplace health and ergonomic intervention programs; and the role that work environment plays in maintaining socioeconomic disparities in population health. She is Principal Investigator and co-Director of the Center for the Promotion of Health in the New England Workplace (CPHNEW), which addresses the intersection between worksite health promotion and occupational health and safety issues. Her work in that context seeks to examine more broadly the effect of the work environment on health and employment outcomes and to evaluate multiple approaches to the integration of worksite health promotion with occupational health and safety.

Audrey Richardson, Esquire
Senior Attorney, Greater Boston Legal Services
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Audrey Richardson is a senior attorney with the Employment Unit of Greater Boston Legal Services (GBLS). She represents low-wage, predominantly immigrant workers in employment law matters, with a focus on wage enforcement. She also provides legal support to community-based worker centers and other community-based organizations, and engages in policy advocacy on workplace-related issues, including wage enforcement and workers’ compensation benefits. Prior to joining GBLS, Audrey was a Skadden Fellow with the Lawyers’ Committee for Civil Rights and clerked for a federal district court judge. She is a graduate of Harvard College and the University of Michigan Law School.

Mark Russi, MD
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Dr. Russi graduated from Dartmouth College, studied medicine at UCSF, and completed residency and fellowship training at Yale, where he also earned his MPH degree. He is a Professor of Medicine and Public Health at Yale University, the Medical Director for Wellness and Employee Population Health at the Yale-New Haven Health System, and is boarded in Internal Medicine and Occupational/Environmental Medicine. Dr. Russi has represented ACOEM as a liaison member of CDC’s Healthcare
Infection Control Practices Federal Advisory Committee (HICPAC) for more than 10 years, chaired the ACOEM Medical Center Occupational Health section for many years, and has authored and co-authored a number of ACOEM guidance documents on topics related to health and safety in medical centers.

Terry Snyder, Ergonomics Consultant  
P.S. Associates, LLC  
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For more than 20 years, Terry Snyder has provided ergonomics consulting to clients in healthcare, manufacturing, research labs and universities. Ms. Snyder holds biomedical and electrical engineering degrees from Case Western Reserve University, an MBA from Simmons Graduate School of Management, and is Green Belt certified by the Institute of Industrial Engineers in Lean Six Sigma. Her publications focus on organizational issues related to successful implementation of ergonomic interventions. You can read more about Terry and her ergonomic consulting company, P.S. Associates, at www.PSAergonomics.com.

Stacie Sobosik, Esq.  
Workers Compensation Attorney  
Law Office of Stacie Sobosik  
Boston, MA  
Stacie is an attorney practicing primarily in the area of personal injury law. Prior to opening her own firm in 2012, Stacie was an associate attorney at the Law Office of Martin Kantrovitz in Boston, MA. Stacie is passionate about being an advocate for workers in Massachusetts, and has dedicated her career to the pursuit of justice on the behalf of all injured workers. She is admitted to practice law in Massachusetts. In her free time, Stacie can be found spending time with her family and friends and learning Spanish. Education: Boston University School of Law, J.D., 2006 University of Massachusetts, Amherst, B.A., Cum Laude, 2003

Andrew B. Stein, MD  
Boston University Orthopaedic Surgical Associates  
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Dr. Stein is an Assistant Professor at Boston University School of Medicine. After earning his medical degree from Cornell University Medical College, he completed his residency at St. Luke's Roosevelt Hospital Center and a hand surgery fellowship at Tufts Combined Hand Fellowship Program. He was also awarded the AO International Trauma Fellowship in Switzerland. Dr. Stein has extensive experience in all aspects of hand surgery, including reconstructive surgery and trauma.

Tony Tannoury, MD.  
Department of Orthopedics  
Boston Medical Ctr, Boston University  
Director of Spine & Fellowship programs  
Founding president of Society for Progress & Innovations for the Near East;
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Dr. Tony Tannoury is Assistant Professor in the Department of Orthopaedic Surgery at Boston University. A graduate of Lebanese University Medical School, he completed his residency at Georgetown University Medical Center and a fellowship in spine surgery at the University of Virginia. His practice includes all aspects of degenerative as well as traumatic spinal disorders, specifically the cervical, thoracic and lumbar spine. A member of the American Academy of Orthopaedic Surgery, He has published several journal articles and book chapters. He has been guest speaker for several national and international meetings as well as Grand Round presentations. He is also the design surgeon for the minimally invasive spine system distributed by DePuy Spine, a Johnson & Johnson company.

George Harry Theodore, MD
Director, Foot and Ankle Sports Medicine
Massachusetts General Hospital
Instructor in Orthopaedic Surgery, Harvard Medical School

Dr. Theodore is a native of Boston, and a graduate of both Harvard College and Harvard Medical School. He completed his residency at the Harvard Combined Orthopaedic Residency Program. He served as the Chief Resident at the Massachusetts General Hospital, and later completed a fellowship at the Brigham and Women’s Hospital. He is board certified by the American Board of Orthopaedic Surgery and is a fellow of the American Academy of Orthopaedic Surgeons. Dr. Theodore’s interests include knee, ankle and foot surgery with a focus on sports-related injuries. He is a nationally recognized expert in the management of injuries in professional athletes and dancers, and he has treated some of the top athletes in the United States. Dr. Theodore is an expert in cartilage injuries, ligament injuries, and extracorporeal shockwave treatment. He has appeared on the Today Show, as well as various cable and local television programs. He has been featured in USA Today, The Boston Globe, The Boston Herald, Forbes Magazine, the Wall Street Journal, Women’s World, and National Public Radio. In 2005, he was named a top orthopaedic foot and ankle specialist by Boston Magazine. In 2012, he was named a top orthopaedic surgeon by Boston Magazine. Dr. Theodore serves as Team Physician for the Boston Red Sox, and he was part of the medical staff of the 2004 and 2007 World Series Championship Teams. He is a consultant to the New England Patriots, Boston Bruins and New England Revolution. Dr. Theodore is a faculty member of the Massachusetts General Hospital Sports Medicine Fellowship Program, and he is the Director of the Sports Medicine Foot and Ankle Service.

Anne Thorndike, MD, MPH
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Dr. Thorndike is a general internist at Massachusetts General Hospital and an Assistant Professor of Medicine at Harvard Medical School. She sees patients in the Metabolic Syndrome Clinic at the MGH Cardiac Prevention Center. Her research focuses on employee wellness and population-based approaches for promoting healthy eating such as traffic-light food labels and product-placement interventions. She is also studying new approaches to promoting healthy eating among low-income communities. She has received funding for her work from the NIH, Harvard Catalyst, and the Robert Wood Johnson Foundation.