

# Ankle and Foot Complaints in the Workplace

## Tour of Liberty Mutual Research Institute for Safety and Dinner Meeting

Wednesday, March 10, 2010, Liberty Mutual Research Institute for Safety, Hopkinton, MA  
5:30 Tour begins; 6:30 Dinner and Speaker

### **Nelson S. Haas, MD, MPH, FACOEM**

Medical Director, Occupational Medicine Clinic  
North Country Hospital, Newport VT

Chairman of the Ankle-Foot Panel of the American College of Occupational and Environmental Medicine  
Evidence-Based Practice Committee

*This program meets the criteria of the Massachusetts Board of  
Registration in Medicine for 1 Risk Management CME (see full accreditation below)*

### **Learner Objectives:**

1. Understand a basic approach to evaluation of ankle-foot complaints.
2. Name some common ankle-foot problems and their relationship to work.
3. Have an understanding of the level of evidence and effectiveness of treatments for ankle-foot problems.

### **Tour Information :**

The Liberty Mutual Research Institute for Safety is fully dedicated to scientific research on the prevention of work-related injury and associated disability. The staff includes over 20 scientists specializing in biomechanics, ergonomics, epidemiology, human factors, psychology, health services research and rehabilitation, working in eleven specialized laboratories at the Institute, and in a wide range of field studies. All research results are published in the peer-reviewed scientific literature.

**Dinner meeting participants will have the opportunity to tour the laboratories, learn about several current studies, and obtain copies of any research articles of interest.**

## **Registration\* Please register by Friday, March 5<sup>th</sup> .**

**You may register online for dinner/presentation at [www.necoem.org](http://www.necoem.org)**

**Please check if you are interested in the tour**

Name(s) \_\_\_\_\_

Employer \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Fee: \_\_\_\_\_ **\$45 for Practicing Professionals**

(includes \_\_\_\_\_ **\$45 for Guests**

dinner) \_\_\_\_\_ **\$25 for Residents and Students**

### **Payment Options:**

\_\_\_\_ check \_\_\_\_ MasterCard \_\_\_\_ Visa \_\_\_\_ Am. Express

Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Sec. Code \_\_\_\_\_

Signature \_\_\_\_\_

Name on Card \_\_\_\_\_

Street Address, Zip Code of Card Holder \_\_\_\_\_

Issue checks to  
**NECOEM**  
22 Mill Street,  
Groveland, MA 01834

Inquiries:

Voice/fax: 978-373-5597 or [NECOEM@comcast.net](mailto:NECOEM@comcast.net)

*\*Please note that a reservation by fax or email is considered to be a commitment to attend.*

## Schedule for March 10

**5:30 PM** Tour, social, appetizers

**6:30 PM** Dinner and speaker

**9:00 PM** Adjournment

## Credit

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*This program meets the criteria of the Massachusetts Board of Registration in Medicine for 1.5 risk management CME.*

This activity will offer one hour of CEU nursing credit with a Certificate of Attendance from NECOEM. Reference No. 244 CMR.04, Board of Nursing Code of Massachusetts Regulations

## Registration Policies

- Advance registration is advised. Any registration received, regardless of payment status, is considered to be a commitment to pay and to attend.
- The cancellation deadline is at the close of business on March 5<sup>th</sup>.
- Participants who register, but do not attend, are not eligible for a refund. If the registration fee has not been paid in advance, participants who do not cancel by March 5<sup>th</sup> and do not attend are responsible for the cost.

**Liberty Mutual Research Institute for Safety**  
71 Frankland Road, Hopkinton, MA 01748 (508) 497-0200

## Directions to the Research Institute:

**NOTE:** if you arrive late, use the Kiosk phone at the entrance to call.

**From the Mass Turnpike** - take Route 495 south (exit 11A) to "West Main Street, Hopkinton" (exit 21A). Proceed east onto Route 135 and through Hopkinton center. Continue 1.5 miles to Frankland Road on left. Travel 0.7 miles to Liberty Mutual. Park in front lot.

**From Boston, via MASS. TURNPIKE** (Approx. drive time: 40 min.)

Take Rte. 90 West to Exit 11A (Rte. 495 South). **Take 495 South** to Exit 21A (W. Main St., Hopkinton). Go East on W. Main Street, which becomes Rte. 135. Proceed on 135 through the lights at Hopkinton Center (Collela's grocery store) About a mile and a half past Hopkinton Center, bear left onto Frankland Road (the turn is at the crest of a small hill: a small sign indicates where you enter for Frankland Rd & you will see Weston Nurseries land on your left). On Frankland Rd, follow signs to Research Institute. The entrance will be on your left after a long, stone wall. Park in front lot.

**From Worcester MA, via Rte 290** (Approx drive time: 35 min.)

Take I-290 East to Exit 26A (Rte. 495 South). Follow directions from 495 South (above). Park in front lot.

**From Natick/Framingham, via Rte. 9** Follow Route 9 West to Route 126 South to Route 135 West to Ashland. Continue past small shopping center (Papa Gino's, CVS, BayBank) and proceed through traffic light and past Mobil station to Frankland Road on right. Travel 1 mile to Liberty Mutual on right. (go straight through stop sign – LM will be on your immediate right) Park in front lot.

**From Natick/Framingham via Rte. 135** Approx drive time: 12 min.

Take Rt. 135 West out of Framingham. Follow through Ashland, past Dairy Queen, Honeydew Donuts, and then a Mobil Station. Shortly after the Mobil station you will see Ashland State Park & Senior Center on your left. On the right side of the street is a small white sign pointing to the Research Institute. Take that right onto Frankland Road. After the intersection (stop sign) at Cross Street, the Research Institute will be the first right. Park in front lot.

**FROM Providence RI, via Rte. 95** Approx drive time: 48 min.

Take Rte. 95 North to Exit 6B (Rte 495 North) toward Worcester. Follow directions from 495 (same for both North & South). Park in front lot .

**FROM Hartford, CT via Route 90** Approx drive time: 90 min.

Take Rte. 90 East to Exit 11A (Rte. 495 South). Follow directions from Rte 495 South. Park in front lot .

