

New England College of Occupational and Environmental Medicine
CT, MA, ME, NH, VT, RI

2011 NECOEM Dinner Meeting Report: David Berube, MD, MPH, FACOEM

CME Provider: The Hospital of Central Connecticut

Hospital Contacts: Lyn Jacobs, MD, Karen Brinkman, CME Facilitator for THOCC

Total CME offered in 2011: **18.75**

Date: March 16, 2011; Location. The Westin, Waltham, MA

Date: March 23, 2011; Location: The Hospital of Central CT, New Britain, CT

Title: Exercise as Pain Medicine: the Biopsychosocial Approach

Speakers: Eric Kopp, PT, OMT, OCS, CSCS, FAAOMPT and

Lee Nichols Marinko PT, ScD, OCS, FAAOMPT

CME Eligible: 1.5

In Attendance: 23 physicians, 18 non-physicians

Attendance Fee: \$45, \$25 affiliates

Education Summary: Methods of practicing physical therapy to treat a variety of musculoskeletal conditions were discussed. Pain symptoms, behaviors, and treatment modalities were reviewed with a focus on physical activity and exercise as a treatment tool to reduce pain.

Date: May 19, 2011

Location: Cumberland Club, Portland, ME

Title: SHIFT WORK AND SLEEP: Optimizing Health, Safety, and Performance

Speaker: Phyllis C. Zee, MD, PhD

CME Eligible: 1

In Attendance: 40

Attendance Fee: This event was sponsored by ACOEM, there was no fee.

Education Summary: Dr. Zee explained the effects of sleep restriction on overall health and occupational performance and safety while reviewing the complex pathophysiology of sleep and circadian rhythm. She also discussed the prevalence and health ramifications of shift work sleep disorders (SWSD).

Date: May 24, 2011

Location: University of CT Health Center, John Dempsey Hospital, Farmington, CT.

Title: "An Evening with CT's New Attorney General: Current Medical/Legal Issues"

Speakers: Attorney General Jepsen and Carolyn Langer, MD, JD, MPH

CME Eligible: 1

In Attendance: 15 physicians, 7 non physicians

Attendance Fee: \$45, \$20 affiliates

Education Summary: Attorney General Jepsen discussed his office's involvement with medical/legal issues within the state of CT and noted regarding GINA to date his office had not been involved in any legal activity. Dr. Langer provided an overview of GINA regulation and incite on its potential impact to Occupational and Environmental Medicine practice. Taking a family history for patient evaluation was discussed as well as issues regarding sharing that information with employers.

2011 NECOEM Dinner Meeting Report Continued

Date: September 24, 2011

Location: Dominion Millstone Power Station, Waterford, CT

Title: Radiation Medicine and Safety

Speakers: Joseph Albanese, PhD, Thomas Danyliw, MD,MPH, and Tom Shedlosky, Consultant
Nuclear Reactor Safety

CME Eligible: 3

In Attendance: 19 physicians, 9 non-physicians

Attendance Fee: \$25, \$15 affiliates

Education Summary: Dr. Albanese gave an overview of hematopoietic, vascular, gastrointestinal, and neurological effects of radiation, as well as overviews of the stages of illness: prodromal, latent, manifest, and death versus recovery, emphasizing that there is a somewhat predictable course. Finally, he touched upon the overview of treatment, again emphasizing that the cornerstone is clothing removal and decontamination. Mr. Shedlosky gave an overview of the numbers and types of nuclear reactors in use in the United States today: 69 pressurized water reactors and 35 boiling water reactors. He also discussed the nuclear accidents at Three Mile Island, Chernobyl, and most recently Fukushima Daiichi. The conference concluded with a tour of the facility's training simulator. The simulator is an exact duplicate of the control rooms and allowed attendees to see first-hand how a nuclear power facility is managed.

Date: December 1 and 2, 2011

Location: Newton Marriott Hotel, Newton, MA

Title: Annual Conference 2011

Speakers: Multiple

CME Eligible: 12.25

In Attendance: 120 physicians, 200 affiliates

Attendance Fee: \$360/physicians, \$295 affiliates